



# The Learning Times

A Publication of Learning in Retirement, Inc.

## SUMMER MEMBERSHIP MEETING

Wednesday, July 18, 2018

11:15 Check-in & Exhibits

Lunch at noon

Meeting at 1:15 p.m.

St. Martins  
Knights of Columbus Hall  
Highway 50W – Route T

Preregistration Deadline:

July 11, 2018

## President's Message

In our first six months this year, we had a couple of great over-night trips, Crystal Bridges and Bentonville, Arkansas, and the Pella Tulip Festival and Amana Colonies. Day trips included 9-5: *The Musical*, *Barefoot in the Park* at a Kansas dinner theater, *Phantom of the Opera* at the Fox in St. Louis, a Mystery Trip, and a Springfield Cardinals game. We will have a wide range of additional trips for the second half of this year. Please continue reading this newsletter for information on these trips.

We also had several free and low-cost courses, including Inspiration for Christians Today, the Environment Around Us, World War II, Mystery Movies, Archaeology, Ancient Rome, Jefferson City Architectural Styles, German Heritage, Cyber Security, Genealogy, and Games. Additional courses are announced in this newsletter.

We have numerous clubs on a variety of topics, including books, bridge, bocce ball, canasta, creative writing, dominoes, music jammers, pinochle, pitch, scrabble, walking/hiking, and stitching. A new music appreciation club will also be forming this year.

The key element that keeps LIR going is the number of people who volunteer to help in all the activities we undertake. If you have an interest in trips, courses, or clubs, please volunteer. To become more involved, call any board member or appropriate committee chair.

Don Neumann  
LIR President, 2018

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## Election of Board of Directors

**The following LIR board members are being proposed for re-election to the 2019 Board of Directors at the Summer Membership Meeting:**

Don Neumann (2nd 3-year term)  
Barb Barnard (2nd 3-year term)  
Cathie Middleton (2nd 3-year term)  
Marge Kudrna (2nd 3-year term)

**The following members were previously elected and continue to serve on the board:**

Steve Buchholz, Vice President  
Rita Grace, Secretary  
Becky Washburn, Treasurer  
Kathel Cooper, Past President  
Evelyn Hancock  
Kay Friedinger  
Inge Gauck  
Bill Gerling  
Scott Sellner, Curriculum Chair

### **Ex-Officio Members:**

Jeffery Freelin (Lincoln University Liaison)  
Cheri Landers (Office Manager)  
Sue Snell (Membership and Marketing Chair)  
Mary Ann Wipperman (Hospitality Chair)  
Barbara Maxwell (Newsletter Editor)

## LU / LIR Parking Permits for 2018-2019

Lincoln University parking permits for LIR members will be available for purchase at the Summer Membership Meeting on July 18<sup>th</sup> or during regular hours at the LIR Office. Parking permits are good only for parking on the Soldiers Hall lot. Permits are valid from September 1, 2018, through August 31, 2019. To obtain the permit, you will need the following information: vehicle make, model, color, license plate number; and your driver's license number. Cost of the permit is \$10.00.

## Summer Membership Meeting

The **Summer Membership Meeting** will be held **July 18, 2018**, at the Knights of Columbus Hall in St. Martins on Rt. T. Check-in will begin at 11:15 with lunch at noon. Osage Catering will be serving the meal of fried chicken, German pot roast, mashed potatoes and gravy, green beans, California blend, slaw, and pie for dessert. Gluten-free meals will be available for those requesting them. Entertainment will be provided by the Millbottom Music Machine. Free LIR course certificates will be given as door prizes.

Following check-in, the exhibit area, featuring travel, curriculum, clubs and their representatives, will be available for visiting. This is an opportunity to get answers to any questions. Parking permits for Soldiers Hall will also be available.

A short business meeting will be held with brief descriptions of upcoming offerings. Special guests, LU and ROTC scholarship recipients, and past course presenters will be introduced.

Pre-registration (form enclosed) is required for this event along with the **prepaid** luncheon cost of \$11 for members and \$15 for non-members. Those requiring a gluten-free meal must request it on the enclosed pre-registration form, and it will be reserved for that member only.

Call 573-681-6152 if you have questions concerning meeting or registration. Final date for registration is July 11, 2018.

Watch your mail for upcoming information regarding the December Holiday Social.

Sue Snell, Membership and Marketing Chair

Also, don't forget the

**Winter Membership Meeting  
January 16, 2019  
St. Martins Knights of Columbus Hall**

## LIR SCHOLARSHIPS AWARDED

Two Lincoln University students are recipients of LIR academic scholarships for 2018. The ROTC scholarship was awarded to Cadet Green. The LIR/ LU General Academic Scholarship will be awarded to Brenna Scott.

**Cadet Tyrique Green**, a sophomore Criminal Justice major with a minor in Military Science, is from Fredericksburg, Virginia, and has earned a cumulative GPA of 3.579. Tyrique is a member of the LU Honors College, a Cadet in Army ROTC, a member of the ROTC Ranger Challenge Team, Mr. ROTC 2018-2019, a member of Alpha Phi Alpha Fraternity, Inc., and has been on the University Dean's List each semester since his arrival at Lincoln University in the Fall of 2016.

During Summer 2018, Tyrique will attend the U. S. Army Air Assault School. Upon graduation, he plans to receive a commission as a Second Lieutenant in the United States Army and serve on active duty as either an Infantry or Aviation Officer. He also aspires to one day serve in the FBI.

**Brenna Scott**, a junior from Jefferson City, will receive the LIR/LU General Academic Scholarship. She is pursuing a triple major in Physics, Chemistry, and Math. She currently has a GPA of 4.0 and has been on the Dean's list for Fall 2015 through Fall 2017.

She has worked as a chemistry and math tutor and as a supplemental instruction leader for the Lincoln University Academic Support Center. She currently is a student research assistant. Brenna wants to take a couple of internships to learn how to use her current knowledge in preparation for graduate school.

## New Members May Join at Mid-year

A person may join Learning in Retirement if he/she is retired, regardless of age. Membership dues are \$40 a year, due in January, but a person may join at mid-year in June for \$25. A membership form is enclosed in this mailing.

## Greetings from Lincoln University!

Even though I am in no way the architect of any of the activities, welcome to (at least for me) a new year with Learning in Retirement. As we shake off our winter lassitude (or is it just me?) and cast our eyes upward toward a freshly resurgent sun and the new green of leaves, I am reminded of a rather famous little speech (since published as a little book) written by David Foster Wallace called *This is Water*. The full title is *This is Water: Some Thoughts, Delivered on a Significant Occasion, on Living a Compassionate Life*. That this is the full title is neither here nor there, but I like to be complete (even if not very interesting).

The story starts with a parable: a couple of younger fish are swimming along, and an older fish swims past them and asks, 'How's the water?' The younger fish swim along for a bit, then one looks at the other and says, 'What the hell is water?' The gist of the story is that we all sort of swim along in our default settings on a day-to-day basis, without noticing what is real or essential; however, we can choose what to pay attention to. We can choose to keep reminding ourselves of that simple awareness of what is important. Wallace ends his speech with the sentence 'It is unimaginably hard to do this, to stay conscious and alive, day in and day out.'

What I see LIR doing is to help keep this simple awareness alive in you, its members. It's not just the classes and the outings that give enriching experiences (although that is part of the 'simple awareness', I think), it is the camaraderie, the fellowship that, in the end, helps us all to remember to stay conscious and alive. So go forth and enjoy not only your classes and your trips, so lovingly and painstakingly prepared by Learning in Retirement, but enjoy one another's company. In the end, that's all that's going to matter.

Dr. Jeffrey Freelin  
Coordinator of Extended Studies,  
Division of Educational Innovation and Extended  
Studies

## Payment Procedure Trips, Courses, Dues and Events

To streamline the payment process for trips, courses, membership dues, and catered luncheon fees the following payment procedure is recommended for efficient recording and processing.

- **TRIPS:** Submit separate checks for **each** trip. Couples may combine payments on a check. Be sure to attach check(s), with trips noted, to the Trip Registration Form found in this newsletter.
- **COURSES:** A separate check can be issued for one or all of the courses that an individual wants to attend. Please note what course(s) are being paid. The Membership Meeting and Course Registration Form is included in this newsletter.
- **NEW MEMBER APPLICATION/DUES:** A separate check should be issued for membership dues. A Membership Application form is included in this newsletter.

## Travel Trip Reminders

- On our trips, we visit both public- and government-sponsored sites. It is the responsibility of the traveler to follow the guidelines as dictated by the venues we visit.
- All LIR travel via coaches departs and returns to Walmart Super Center, 724 W. Stadium Blvd. (near the Central Bank ATM). Coaches most often arrive 30 minutes prior to departure time.
- **Gratuities:** Gratuities (tips) are covered for the coach driver, for all included meals, and for step-on guides. Hotel housekeeping tips are at your discretion. Donations are included for charitable venues.
- **Comfort stops** are planned any time the travel time is between 2 and 2½ hours. Passengers are encouraged to leave the coach for a short walk for their health.
- **Water** is provided for passengers on all coach trips. Take advantage of it.
- If special dietary needs are required, call the LIR office to express that special accommodation.
- **Wear your name badge** on every trip. For safety, remove name badges when walking in major cities.
- If you are registering with a friend for trips, we strongly encourage you to mail or drop off registrations together. Each registration is recorded as received.

## LET'S TRAVEL!

### Famous & Infamous Missourians From Northern Missouri

Wednesday, August 22, 2018

Who is the highest ranking general in the United States?

You will visit his home on this trip! Many Missourians have had a great impact on our history. Some of them from the north-central part of our state: General Omar Bradley, Dr. Andrew Taylor Still, General John J. Pershing, Dr. Howard Rust, Walt Disney, General Sterling Price, and General Maxwell Taylor.

We will visit the places where they grew up and learn about some of their accomplishments. We will visit the Osteopathic Medicine Museum in Kirksville, Disney Museum in Marceline, and the Pershing Museum in Laclede. We will be provided with a history of some of their accomplishments.

Lunch in Kirksville will be on your own.

Depart: 7:45 a.m.

Return: 8:30 p.m.

Escorts: Norm Hicks – 632-9055

Ed Zagorac – 230-4840

Cost: \$53      Total due with registration

### Illinois Amish, The Simple Life

Tuesday and Wednesday, September 11-12, 2018

Join us for a two-day trip to learn about the simple life of the Amish in Illinois. Our tour guide, Linda Koenig (from Gateway Tours), will be with us throughout the Amish tour and will entertain us with stories and history of the area.

We will arrive in Arcola, Illinois, and drive through the Amish countryside on our way to a family-style, home-cooked lunch in a private home. After lunch, we will travel to another Amish home to see quilts and learn about their appliances and church services, then move on to Arthur, Illinois, for some shopping in their downtown stores. After you have purchased your treasures, we'll go to Hardy's Reindeer Ranch to visit a reindeer herd.

(Continued on next page)

## TRIPS: JULY - DECEMBER 2018

If weather permits, we will take a wagon ride and watch a “pumpkin shoot” before we enjoy a chuck wagon dinner and live musical entertainment. After such a busy day, we will check into the Best Western Plus in Arcola to rest up for the second day of our Amish adventure.

Day Two will begin with a complimentary breakfast at the hotel before we head to the Edgewood Buggy Shop for a demonstration of Amish buggy and wheel construction. Our next stop is Beachy's Bulk Foods, an Amish grocery store, where we can stock up on fresh-baked bread, pies, cookies, cakes, cheeses, and candy to name a few items.

We will take a ride through the Amish countryside as we travel to Green Meadow Farm, a Grade A goat dairy, to visit with goats and more. Weather permitting, a buggy ride could be in your future before we enjoy a chuck wagon stew lunch.

Now that we have enjoyed the slower-paced life and feel relaxed and well fed, we board the coach for our trip home with knowledge of what it is like to live the Amish simple life.

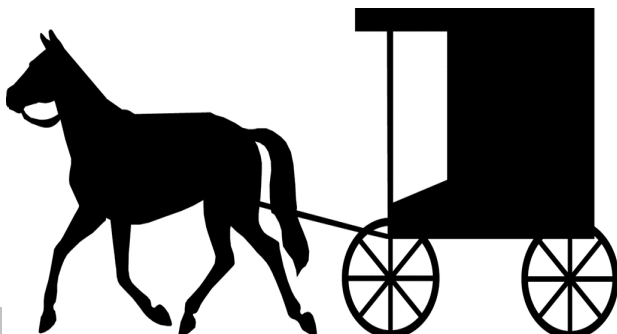
Note: A large selection of dishes will be served at the Amish homes to accommodate our gluten-free travelers.

Depart: 7:00 a.m., Tuesday, September 11, 2018,  
Return: 8:00 p.m., Wednesday, September 12, 2018

Escorts: Kay Martellaro –680-6058  
Kay Freidinger – 645-3116

Cost: Single: \$375 \$190 due with registration  
Final Payment: \$185 due by August 10, 2018

Double: \$325 \$165 due with registration  
Final Payment: \$160 due by August 10, 2018



### ***The Honky-Tonk Angels***

Arrow Rock Lyceum Theatre  
Thursday, September 20, 2018

Country classics combine with a hilarious story about three gutsy gals who are determined to better their lives and follow their dreams to Nashville in the musical *The Honky-Tonk Angels*. The all-hit song list includes *I'll Fly Away*, *Stand by Your Man*, *9 to 5*, *Coal Miner's Daughter*, *Ode to Billy Jo*, *These Boots Are Made for Walking*, *Rocky Top* and *I Will Always Love You*. This charming, foot-stompin' musical has played to sold-out audiences across the country.

After the show, we'll enjoy dinner at Olive Garden Italian Restaurant in Columbia, where you can choose from its menu. (NOT included in cost)

Depart: 11:30 a.m.  
Return: 7:30 p.m.

Escorts: Wendy Hansen—645-2031  
Lela Bunch – 797-3271

Cost: \$ 58 Total due with registration

### **A European Food Tour in Omaha!**

September 25, 26, 27, and 28, 2018

Join us and taste the cuisines of Germany, Lithuania, Poland, and Greece! Omaha is known for its ethnicity, and we will explore these areas with a knife and fork.

We will arrive in Council Bluffs, Iowa, in mid-afternoon after accommodating a comfort stop and lunch on your own. In Council Bluffs, we will tour the RailsWest Railroad Museum.

After the tour, we will continue on to Omaha, where we will check into our hotel—the New Victorian Inn and Suites. This charming, locally owned hotel will be our headquarters for the next three days. Our first taste of Europe will be at the Polish Home—complete with dinner and dancing courtesy of the Polish Society. Afterwards, we will return to our hotel for the night.

(Continued on next page)

## TRIPS Continued

Wednesday the 26th is a full day, starting with breakfast at the hotel. We will witness a Lewis & Clark reenactment at the National Park Visitor's Center. Our step-on guide, will join us for a two-hour tour of Omaha. A short drive out of town will take us to Father Flanagan's Boys Town Café for lunch (on your own) before we tour the facility.

The Lithuanian Bakery will be our afternoon "snack" break before heading downtown to do some shopping in the OLD MARKET district. Shopping will be combined with dinner on your own at any of the unique restaurants in the Old Market. Before returning to the hotel, we will end the day with an hour long ride on the River City Star Riverboat.

Thursday is a hodgepodge of activities. Breakfast will be served at our hotel before we leave for the Durham Museum. A Wildlife Photo Exhibit by Thomas D. Mangelsen (recently featured on *60 Minutes*) will be on display.

More ethnic food will be discovered at lunch at the Greek Orthodox Church (complete with entertainment). Next, a relaxing tram ride through the Lauritzen Botanical Gardens will acquaint us with the native plants and flowers.

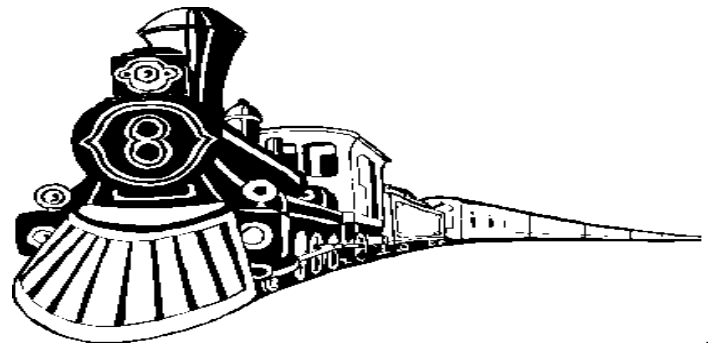
We will return to our hotel for a short rest before celebrating OctoberFest (a few days early) with a German Meal at the German Society.

Friday, we will be heading home after spending the morning at the world famous Omaha Zoo and Aquarium. After lunch (on your own at the Zoo), we will head home with a comfort stop and early dinner on our way. We should arrive back at Walmart on Stadium by 7:30 p.m.

Depart: 8:00 a.m., Tuesday, September 25, 2018  
Return: 7:30 p.m., Friday, September 28, 2018

Escorts: Vicki Ford – 694-0014  
Mary Wilde -- 619-1299  
Lela Bunch -- 797-3271

Cost: Single: \$455 \$255 deposit due with registration  
Final payment: \$200 due by August 15, 2018



### St. Louis Train and Coach: A Repeat Trip

October 10-11, 2018

We will begin our two-day trip by meeting at Walmart to load our luggage and board the coach for the Jefferson City Amtrak station. Then the real trip begins with a relaxing train ride on the Missouri River Runner going east.

Lunch will be on your own in quaint downtown Kirkwood before boarding our coach for a tour of the Magic Chef Mansion. From there, we will check into the Drury Inn at Union Station for the evening.

Dinner will be at the complimentary Kickback Reception in the hotel, or on your own across the street at Hard Rock Café or Landry's Seafood at Union Station. If you still have energy, you can enjoy a free Grand Hall Light Show in the lobby of the St. Louis Union Station Hotel before returning to the Drury Inn for a restful evening.

Day Two begins with a complimentary breakfast at the hotel. Put on your walking shoes because we have a busy day planned. A step-on guide will tell us about points of interest as we travel through Lafayette Square and Tower Grove Park on our way to the Fabulous Fox Theatre, where we will be treated to a private, backstage tour.

Lunch will be on your own and on the go at Gus' Pretzel Shop. You will select from handmade fresh pretzels with dip or deli sandwiches to enjoy on the way to our next destination. Our next stop is for dessert on your own at Ted Drewes, which is famous for frozen custard. The most popular treat is the "concrete," a malt or shake so thick that it is served upside down.

The only change from the Fall 2017 LIR trip is a visit to the Missouri History Museum where visitors can discover

(Continued on next page)

## TRIPS Continued

the city's baseball history from the Browns to the Cardinals, see "The Spirit of St. Louis" (sister plane to Lindbergh's), explore life on the Mississippi River, marvel at the magnitude of the 1904 World's Fair, learn about the Civil Rights movement, and much more.

We cannot leave St. Louis without going to the Italian neighborhood, The Hill, for a stop at the Missouri Baking Company to purchase some goodies to take home, then on to Lorenzo's Trattoria for dinner (included) before boarding the coach for Jefferson City. We anticipate arriving in Jefferson City at approximately 9:45 pm.

All admissions, plus dinner at Lorenzo's, are included in the trip cost.

Depart: 10:30 a.m., Wednesday, October 10, 2018  
Return: 9:45 p.m., Thursday, October 11, 2018

Escorts: Wendy Hansen -- 645-2031  
Marge Kudrna - 694-8550

Cost: Single: \$305 \$180 due with registration  
Final payment \$125 due by September 4, 2018

Double: \$230 \$135 due with registration  
Final Payment \$95 due by September 4, 2018

### Exploring the Versailles Mennonite Community

Friday, October 19, 2018

Join us for a day trip through the scenic Missouri October countryside with a visit to the Mennonite community in the Versailles area. We will have a very knowledgeable step-on guide who is a member of the Old Order Mennonites.

We will visit the Morgan County Museum and Heritage Garden. The museum is housed in the old Martin Hotel, one of the oldest structures in Morgan county. The rooms include a war relics room, a weaving room, a barber shop, a beauty parlor, and much more. We will also visit a Mennonite school and church.

The guide will share some history of the area as we tour the countryside, stopping at Weaver's Market,

*(Continued in next column)*

the Chime/Clock gift shop, and other sites along the way. Our lunch will be a buffet at Lehman's Family Restaurant, where you may also shop for homemade pies, pastries, jams, fabrics, and home goods.

Yes, of course, we will end the day with a stop at the ice cream shop.

Depart: 8:00 a.m.  
Return: 5:45 p.m.

Escorts: Julie Cook — 230-4914  
Randy Ford — 694-0084

Cost: \$57 Total due at registration

### Springfield's Wonders of Wildlife National Museum & Aquarium and

### Samson at Sight & Sound in Branson

Wednesday, November 28, 2018

At the Wonders of Wildlife National Museum & Aquarium explore over 1.5 miles of immersive galleries that take you into the natural habitats of the animal kingdom. Get up close and personal with big game and other mammals in the Wildlife Galleries, and dive into the ocean world in the Aquarium Adventure. Discover the origins of the conservation movement with historic artifacts and milestones from the earliest Native Americans to modern day. View all of this through state-of-art 4D dioramas that surround you within the sights, sounds, and smells of the planet's most extreme wildlife habitats.

We will enjoy a wonderful lunch (included) at Hemingway's Blue Water Café Restaurant Lunch Buffet in the Bass Pro Shop.

Then on to Branson's Sight & Sound Theatre where the theater expertly combines original music and script with unforgettable acting, special effects, vibrant costuming, and live animals. The story of Samson begins before his birth when his mother was approached by an angel who informed her that her son would save Israel from the Philistines as long as he allowed his hair to grow and never drank wine.

*(Continued on next page)*

## TRIPS Continued

He was born with great strength and grew to face many trials, eventually being betrayed by Delilah and being held captive where he prayed to God and gave himself over to Him. Explore these trials and tribulations as well as his triumphs in this amazing production.

Depart: 6:45 a.m.  
Return: 9:00 p.m.

Escorts: Marge Kudrna – 694-8550  
Henry Dahl -- 680-5139  
Norm Hicks -- 632-9055

Cost: \$142     \$ 75 due with registration  
Final payment: \$67 due by October 4



### Church Basement Ladies

Maples Repertory Theatre in Macon, Missouri  
Saturday, December 8, 2018

Those charming Church Basement Ladies are back for the holidays with more of their musical comedy merriment. *Away in The Basement* finds the gals in 1959, helping the kids get ready for their Sunday School Christmas program. As they discuss the politics of the pageant and mend old bathrobe costumes, little do the ladies know what surprises are in store for them, especially as the widowed pastor contemplates spending Christmas with someone new.

A buffet dinner is included at Ashley's Apple Basket Café after the performance.

Depart: 11:30 a.m.  
Return: 7:30 p.m.

Escorts: Pat Miner -- 298-2965  
Betty Doerhoff -- 619-2920

Cost: \$72     Total due with registration

### *A Christmas Carol*

Arrow Rock Lyceum Theatre  
Thursday, December 13, 2018

Enjoy the return of a cherished annual tradition in Arrow Rock with us. The Lyceum stage will once again be aglow with good spirits and Christmas tradition as Charles Dickens' immortal classic comes musically to life. Set amidst the charming 19<sup>th</sup> century ambiance of the historic Village of Arrow Rock, is there a more perfect place to enjoy this timeless story of a seemingly heartless miser given one last chance at redemption by four visiting ghosts? *A Christmas Carol's* heartwarming message, dazzling scenery, costumes, and delightful holiday music will get you in the Christmas spirit.

Before the play, we'll dine at the historic J. Huston Tavern (serving meals to travelers along the Santa Fe Trail since 1834) on fried chicken, raspberry-chipotle glazed ham, and all the fixings (Included), so bring a good appetite.

Depart: 10:00 a.m.  
Return: 6:15 p.m.

Escorts: Martha Kleindienst -- 353-7582  
Wendy Hansen -- 645-2031

Cost: \$80     \$45 due with registration  
Final payment: \$35 due by November 9





## COURSES AUGUST — DECEMBER 2018

Free Courses Begin on Page 12

### *Miscellaneous Course Information*

- Registration forms are provided in the LIR newsletter or on the LIR web site. Each course is \$12.00 unless otherwise noted.

**Registration may be mailed, delivered personally to the office, or will be accepted at the Summer Membership Meeting to be held on July 18, 2018.**  
(See front page)

- Location of courses varies, depending on topic and size of class. Specific locations are named with each course in this newsletter.
- Your reminder notification will be emailed unless circumstances require USPS mailing.

### **Free Courses**

This issue of *The Learning Times* has several one-day free classes.

Please register for these classes to ensure enough seating is provided.

### **Course Cancellation Policy**

The registration fee may be refunded if the LIR Office (681-6152) receives notification one week prior to the start date of the first class. Refunds are processed after the session is completed.

Should an emergency occur after the deadline that prevents the registrant from attending the course, the LIR Office should be notified as soon as possible.

Refunds will be considered on a case-by-case basis by the curriculum chair and the office manager.

### **ROMANCE IN THE 20<sup>th</sup> CENTURY**

Time: 1:30-3:30 p.m.

Dates: Wednesdays, August 1, 8, 15, 22, 2018

Place: Missouri River Regional Library, 2<sup>nd</sup> floor

August 1: *Casablanca*

It's the story of Rick Blaine, a cynical world-weary ex-patriate who runs a nightclub in Casablanca, Morocco, during the early stages of WWII. Rick's cafe has become a kind of haven for refugees seeking help to escape to America. But a former lover of Rick's, and her husband, show up at his cafe one day. Rick faces a tough challenge that will bring unforeseen complications, heartbreak, and ultimately an excruciating decision to make. Stars Humphrey Bogart and Ingrid Bergman.



August 8: *Roman Holiday*

A bored and sheltered princess escapes her guardians and falls in love with an American newsman in Rome. Stars Audrey Hepburn and Gregory Peck. Hepburn won an Oscar for Best Supporting Actress.

August 15: *Moonstruck*

Loretta Castorini, a bookkeeper from Brooklyn, New York, finds herself in a difficult situation when she falls for the brother of the man she has agreed to marry. As Loretta falls deeper in love, she comes to learn that she's not the only one in her family with a secret romance. Stars Cher and Nicholas Cage.

August 22: *You've Got Mail*

Two business rivals who despise each other in real life unwittingly fall in love over the Internet. He finds out who she is, but she doesn't know his real identity. He starts to like her more but she still hates him. He has to fix it. Stars Tom Hanks and Meg Ryan.

Coordinator: Karen Sander, 635-0931

## COURSES AUGUST — DECEMBER 2018

### FAITH JOURNEYS: OBSERVANCES, HOLIDAYS, AND CUSTOMS

Time: 10 a.m. to Noon  
Date: Wednesdays, September 5, 12, 26, and October 3  
Places: Different Houses of Worship

**September 5:** The Protestant Christian heritage and the major celebrations found in the liturgical calendar.  
Presenter: The Rev. Dr. Stephen Buchholz.  
Location TBA

**September 12:** Roman Catholic traditions and holidays.  
Presenter: Deacon Dan Joyce.  
Location: St. Joseph's Cathedral

**September 26:** Islam, its basic ideas, customs regarding worship, and major holidays.  
Presenters: Noaman Kayani and other members of the local Mosque.  
Location: The Islamic Center of Central Missouri

**October 3:** Judaism, its basic ideas, practices, and major holidays.  
Presenters: Members of the local congregation.  
Location: Temple Beth El.

Coordinators: Steve Buchholz , 690-2489, and Warren Solomon , 645-5676

### EXPLORING MISSOURI'S BEGINNINGS

Time: 1:30-3:30 p.m.  
Date: Thursdays, September 6, 13, 20, 27, 2018  
Place: Runge Nature Center, 330 Commerce Drive,  
(Rte. 179)

While there were a few settlements in Missouri before 1803, the Louisiana Purchase and the Lewis and Clark Expedition really opened up Missouri for settlement. So join us as we explore those early beginnings.

Thursday, September 6: We shall begin the exploration of Missouri (and points west) with the Lewis and Clark Expedition and be joined by some of its original members

*(Continued in next column)*

(as re-enactors) who will share with us their experiences, commemorated by the magnificent sculpture group just east of the Capitol building. The Lewis and Clark Task Force will explain how it all came about.

Thursday, September 13: Join us as we go back in time, exploring the natural resources that existed within Missouri before, during, and after settlement. Discover with Austin Lambert, Runge Center Naturalist, how the attitudes towards Missouri's fish, forest, and wildlife have evolved throughout these time periods, and how this affects our modern conservation principles and practices.

Thursday, September 20: How did we move about when we arrived? We shall look at how we traveled exploring and settling Missouri through its rivers, roads, and rails. Dr. Thomas Gubbels, former historian for MODOT and current professor at Lincoln University, will help us explore these early and current transportation methods.

Thursday, September 27: Counties are the basis of local government. County creation in Missouri, from the original five to the present 114 + 1, follows the spread of settlement across the state. How were their sizes, their names, their county seat determined? What about the unique case of St Louis City? Retired University of Missouri Professor of Geography and local historian, Dr. Walter Schroeder, will examine those questions and how counties came into existence from the colonial period to 1876.

Presenters as listed above  
Coordinator: Carol Ellinger, 893-2331



## COURSES AUGUST – DECEMBER 2018

### MAKING ART IN JEFFERSON CITY

This educational, fun opportunity will be offered to 22 people (due to facility/studio size).

Dates: Tuesdays, October 2, 9, 16, and 23

Time: 10:00 a.m. to Noon

Place: October 2 and 9 – Capital Arts,  
October 16 – Runge Conservation Nature Center  
October 23 – Warwick Village

October 2 – The first class will be glass fusing, which will be a hands-on project. Janis Burgin, a Jefferson City artist, will be the presenter at the art gallery. She is president of the local JC Art Club and teaches many art classes locally as well. Her glass-fusing work, such as jewelry, is on display at Capital Arts. This class will be held at Capital Arts, 1203 Missouri Blvd., Jefferson City.

October 9 – A photography presentation/informative demonstration will be the topic. Rufus Harmon, a local expert photographer, has been invited to share his talent. His photos have been on display at Capital Arts. Bring your cameras to ask questions. The class will be held at Capital Arts, 1203 Missouri Blvd., Jefferson City.

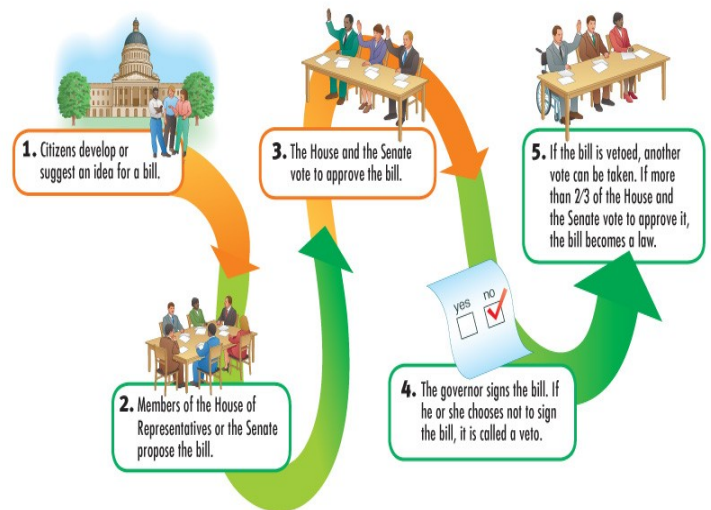
October 16 – This art project will be a hands-on “design with a nature theme.” A project in the past was “paper making.” The Runge Conservation Nature Center provides a beautiful backdrop to making a nature art design. The class will be held at Runge, 330 Commerce Drive, Jefferson City.

October 23 – This class is a hands-on acrylic painting on canvas with a Christmas theme. Classes are regularly held at the studio and are a lot of fun. Cindy Schnieder is the instructor at the Village Art Studio. The class will be held at Warwick Village, 1507 E McCarty.

**This class requires, in addition to the \$12 registration fee, a \$20.00 fee for materials and supplies.**

Coordinators: Becky Buchholz 690-6579 and Linda Bohrer 619-2273

### How a Bill Becomes a Law



### HOW (IN MISSOURI) AN IDEA-- BECOMES A BILL--- BECOMES A LAW— ---OR MAYBE NOT!—

Time: 10 a.m. to Noon

Dates: Thursdays, October 4, 11, 18, 25, 2018

Place: The LINC

This class will delve deeply into the process of making laws, which we have watched for years without realizing how very complicated it is. Don't you wonder why sometimes it takes years for a law to be passed after its initial introduction? Let's explore why it is so complicated.

October 4. It starts with an idea or a problem, so first contact is with a member of the Missouri Legislature. If a legislator agrees, he/she requests that Legislative Research write the proposed bill. After writing comes the REAL work, getting it introduced, getting it to committee, holding hearings, compromising if needed, and then, hopefully, finally passing – or not. State Representative Mike Bernskoetter will take us through this process. In addition, he will share the work he did to get a specific bill passed.

*(Continued on next page)*

## COURSES AUGUST — DECEMBER 2018

October 11. Lobbyists (not really a dirty word) propose legislation and monitor both legislative bodies to see what bills might affect their clients. Several lobbyists will share with us how they represent their clients. Among them will be Tom Rackers representing Jefferson City and other clients, Otto Fajen representing the MNEA, and Ron Fitzwater representing the Missouri Pharmaceutical Association.

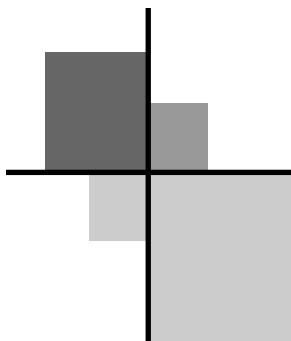
October 18. If passed in the House or Senate, the bill then goes to the other body, where it could be amended, substituted, defeated, or passed. Often times, differing versions of the bill have to be reconciled between the House and Senate before being voted on the final time.

Senator Mike Kehoe has been invited to share with us how the process works in the Senate. Administrator of the Senate Patrick Baker will explain his role. The governor's office also takes a deep interest in proposed legislation. And if the bill is passed, it goes to the governor for either his signature or his veto. A representative from the governor's office will share these processes with us.

October 25. Lastly, when passed, what happens? AFTER a bill becomes a law, will there be new regulations? New procedures? Abolishing of old requirements? OR an increase or decrease in state money for an agency and its clients? Let's find what occurs in the Department of Elementary and Secondary Education through the Acting Commissioner of Education and the General Counsel of the Department of Revenue.

Presenters as listed above

Coordinators: Bill Gerling, 220-4319  
Carol Ellinger, 893-2331



### FREE COURSES

#### OPIOIDS

What you need to know about these drugs

Time: 10 a.m.-12 noon  
Date: Thursday, August 23, 2018  
Place: LINC

We are in the midst of an epidemic, and many people are dying from opioid use. How did we get to this scary place? Why are opioids so addictive? How are they different from other prescription drugs? How can we avoid taking them, or, if they are prescribed, how quickly would they become addictive? What are the major classes of drugs, and what are they supposed to do for us?

Dr. Joseph Cameron, PharmD, (a PharmD is to pharmacology what MD is to medicine) will help us understand what is going on with these drugs and how we or family members become at risk.

Presenter: Dr. Joseph Cameron, PharmD

Coordinator: Theresa Sullivan, 635-6404

#### ON THE ROAD AGAIN AND LEARNING

Time: 10 a.m. to Noon  
Date: Tuesday, August 28, 2018  
Place: The LINC

Traveling AND learning really go together. Road Scholar (not to be confused with Rhodes Scholars) is a non-profit organization that puts together educational trips for mature adults. You may have known it in the past as Elderhostel (which was instrumental in founding LIR 26 years ago), but the current program has had quite an upgrade without losing its focus on learning with minimal cost.

Road Scholar has a range of trips in the states and abroad, trips for physically active people, trips for those who have

*(Continued on next page)*

## COURSES AUGUST — DECEMBER 2018

some limits, and even inter-generational trips for grandparents and their grandkids. The focus is on education, and the guides who lead the groups are top quality. The trip packages include hotels and meals and are a very good value.

David and Lisa Isaacson have taken a combined total of 11 trips (nine together) and are now Road Scholar Ambassadors. They will provide information about Road Scholar's programs and do their best to answer any questions you might have.

Presenters: David and Lisa Isaacson

Coordinator: Carol Ellinger, 893-2331

### THE RECOGNITION AND TREATMENT OF STROKES

Time: 1:30 - 3:30 p.m.

Date: Tuesday, September 4, 2018

Place: CRMC Physicians Building, Tunnell/Wherritt Community Room, 1125 Madison Street

According to the National Stroke Association, strokes are the fourth leading cause of death in the United States. Fast recognition of symptoms and treatment can make the difference between life and death and can also decrease long-term disabilities.

Please join Dr. Ruthanna Hunter, Stroke Medical Director for CRMC, and other presenters as they talk about stroke care. The presentation will follow a stroke patient from recognition of symptoms, calling 911, Emergency Medical Services, care in the Emergency Department, admission to the hospital, diagnosis and treatments available, and inpatient rehabilitation.

Be informed about strokes. You *can* make a difference!

Presenter: Dr. Ruthanna Hunter

Coordinator: Scott Sellner 635-6980

### HISTORY OF PHOTOGRAPHY AND HOW TO SAVE OLD PHOTOS

Time: 10 a.m. to Noon

Date: Monday, September 17, 2018

Place: Clydesdale Room, N.H. Scheppers Distributing, 2300 St. Mary's Blvd

How did someone figure out the way to make photographs? Cynthia Blosser has explored the first photographic methods starting in 1822 and will share her knowledge beginning with the daguerreotype, "the first way man's desire for immortality could be realized." She will show how photography advanced and became so significant in documenting events and friendships. But photographs also became a major entertainment of the late 19<sup>th</sup> and early 20<sup>th</sup> centuries (before TV). She will also share some of her amazing collection of stereographs and pictures.

"The value in preserving photographs is important to us today for the documenting of the social and esthetic aspects of the past." In addition, we want to save our own photographs (we have so many), but how? Erika Woehlk, Visual Archivist at the Missouri State Archives, will join us with suggestions and assistance.

Presenters: Cynthia Blosser

Erika Woehlk, Visual Archivist, Missouri State Archives

Coordinator: Carol Ellinger, 893-2330



## COURSES AUGUST — DECEMBER 2018

### SOUNDS OF THE OZARKS: MISSOURI FOLK MUSIC SHE'S BACK!

Time: 1:00 – 3:00 p.m.  
Date: Thursday, November 8, 2018  
Location: TBA  
Maximum Capacity/Enrollment — 50

Would you like to explore the folk music traditions associated with the Ozarks? Well, you are in luck, because Allison Robbins, PhD, is coming back to tell us all about it.

Since the mid-19th century, people in the Ozarks region of Missouri have sung ballads, played the fiddle, guitar, and banjo, and engaged in other kinds of music making at home and in their communities. Dr. Robbins will be enlightening us with her tales of this music as well as about the people who collected and recorded Missouri folk music in the early 20th century. Dr. Robbins' classes have become a favorite among the LIR crowd.

**NOTE:** There will be a change in locations from years past. We also have a room max capacity of 50, so sign up early for this one to make sure you get a seat.

Presenter: Allison Robbins, PhD, Assistant Music  
Professor at University of Central Missouri

Coordinator: Linda Bohrer, 619-2773



### WRITING A LETTER TO THE EDITOR

Time: 1:30-3:30  
Date: Tuesday, November 13, 2018  
Location: Missouri River Regional Library

If you have a subscription to the *Jefferson City News Tribune*, you have been exposed to the “Letters- to-the-Editor” section. Did you ever wonder why the same people keep showing up? Are those letters chosen by the editor because they agree with the editorial policy of the newspaper?

If I want to write a letter to the editor expressing a contradictory view, would it be published? What are the rules about getting a letter to the editor published? Can the editor change my words so that the letter is published with my name on it, but it's not what I said?

Jerry Tritz, the *News Tribune* editor in charge of the “Letters to the Editor” section will explain what the rules are for getting a letter published and how you, as the writer, are protected.

Presenter: Jerry Tritz, Editor

Coordinator: Theresa Sullivan, 635-6404



## CLUBS

### CLUBS ARE FREE!

You are invited to join, at no extra cost, any of our LIR clubs by emailing or calling Barbara Barnard, LIR Club Coordinator, at [sunfairebarb@gmail.com](mailto:sunfairebarb@gmail.com) or 896-9485. You can also call any of the clubs' facilitators.

If you are interested in starting additional clubs, such as crafts, investments, music, travel, or some other, please direct your suggestions to Barb.



### Book Club Reading List

The Book Club has selected the following books for reading during the last months of 2018:

**July** — *The Kitchen House*, a novel by Kathleen Grissom

**August** — *The Life and Times of Thunderbolt Kid: A Memoir* by Bill Bryson

**September** — *A Wrinkle in Time*, a science fantasy novel by Madeleine L'Engle

**October** — *Little Women*, a classic novel by Louisa May Alcott

**November/December** — *Two Old Women: An Alaskan Legend* by Velma Wallis

The group chooses books after discussion of suggested titles. If you are interested in participating, call Barb Maxwell, club facilitator, at 619-5921.

### A Music Club is Forming

A club for music appreciation is scheduled to begin July 3. The emphasis will be on classical music, not rock, bluegrass, swing, or calypso. The theme will be to learn more about the composers of classical music, their works, and their lives. Topics might also include the history and function of musical instruments and even possibly some music theory. Short musical passages might be played to illustrate a point, but this club is not intended to be a music listening society.

The hope is that a presenter can be found for each meeting, and he/she would give a short program on a topic of his/her choice, then open the floor for discussion and questions. Initially, our presenters might be drawn from among the participants, but later we might invite outside speakers to present to our group. There are many lovers of classical music in LIR as evidenced by those who attend concerts in Jeff City. It seems like a club of this type might have significant appeal.

Your facilitator is Chuck Lahmeyer, and we plan to meet once a month on the first Tuesday at 1:00 p.m. The first meeting will include some organizational topics, where we lay down the guidelines for how the club will function. Jefferson City is fortunate to have an active classical music community with three orchestras and a symphonic band -- not to mention a world-class conductor, Patrick Clark. Let's share the love.

Call Chuck, 636-3628, if you are interested.



# CLUBS

**Bocce Ball:** Mondays, Sept-Nov & April-June

Two Sessions: 9 a.m. & 12:15 p.m.

*Facilitator:* Marla Clark, 405-650-2467

Location: Prison Brews, Ash Street

**Book Club:** 4th Monday, 1-2 p.m.

*Facilitator:* Barb Maxwell, 619-5921 or

barbmax44@yahoo.com

Location: LIR Classroom 8

*Caller:* Teresa Sullivan 635-6404

**Bridge Club I:** 2nd Monday, 1 p.m.

*Facilitator:* Keith Krueger, 462-0779/659-3834

Location: LIR Classroom 8

**Bridge Club II:** 1st Monday, 1 p.m.

*Facilitator:* Sue Goedde, 893-4367 or

joe.suegoedde@gmail.com

Location: LIR Classroom 8

**Canasta:** 2nd Tuesday, 10 a.m.-Noon

*Facilitator:* Barb Barnard, 896-9485 or

sunfairebarb@gmail.com

Location: LIR Classroom 8

**Creative Writers:** 2nd Thursday, 10 a.m.—Noon

*Facilitator:* Denise Kliethermes, 395-4662 or

Kliethermes@embarqmail.com

Location: LIR Classroom 8

**Dominoes 1:** 1st & 3rd Mondays, 10 a.m.– noon

*Facilitator:* Sue Alberti, 635-2436

Location: LIR Classroom 8

**Jammers:** 2nd & 4th Wednesdays, 10:30 a.m. - Noon

*Facilitators:* Barb Odneal, 634-2306 &

Jenny Smith, 230-8245

Location: Heisinger Bluffs Chapel

**Music:** 1st Tuesday, 1 p.m.

*Facilitator:* Chuck Lahmeyer

Location: LIR Classroom 8

**Pinochle:** 2nd & 4th Wednesdays, 10 a.m.

*Facilitator:* Janet Struempf, 619-3803

Location: LIR Classroom 8

**Pitch:** 3rd Wednesday, 1-3 p.m.

*Facilitator:* Bob Maxwell, 418-8864

Location: LIR Classroom 8

**Scrabble:** 3rd Monday, 1-3 p.m.

*Facilitator:* Theresa Sullivan, 635-6404 or

sullitherm@embarqmail.com

Location: LIR Classroom 8

*Caller:* Marilyn Miller, 636-8233

**Stitchers:** 1st Wednesday, 9:30-11:30 a.m.

*Facilitator:* Julie Cook, 634-2665 or

julieret@yahoo.com

Location: LIR Classroom 8

**Walking/Hiking:** Thursdays, Summer 8:30 a.m.

Winter 9:30 a.m.

*Facilitators:* John & Ellen Richardson, 893-4909

Location varies

## LEARNING IN RETIREMENT, INC.

### MEMBERSHIP BENEFITS

**EDUCATION**.....*Short courses planned for LIR members' interests*

**TRAVEL**.....*Educational trips with old and new friends*

**CLUBS**.....*Book, Bridge, Dominoes, Bocce Ball, Creative Writing, Music, Scrabble, Canasta, Pinochle, Hiking/Walking, Pitch, Stitchers, & Jammers*

**GATHERINGS**.....*Membership Meetings twice annually, Holiday Social*

**COMMUNICATION**.....*Semi-annual newsletter, LIR web site, periodic emails, Spring & Fall Newsletter Updates*

**LIBRARY ACCESS**.....*Access to library cards for L. U.'s Page Library*

**PARKING**.....*Tag required for L.U. campus*

**CONTACT INFO**.....*(573)681-6152; [www.lincolnu.edu/learning-in-retirement](http://www.lincolnu.edu/learning-in-retirement)*

**EMAIL**.....*[lirlearning@outlook.com](mailto:lirlearning@outlook.com)*

**OFFICE HOURS:**.....*10 a.m. - 1 p.m., Mon. - Thurs.*

**OFFICE LOCATION**.....*903 Lafayette Street, Soldiers Hall - Rm. 7, L.U. campus*

**MAILING ADDRESS**.....*Learning in Retirement, Inc., PO Box 105166, Jefferson City, MO 65110*