



The Learning Times

A Publication of Learning in Retirement, Inc.

SUMMER MEMBERSHIP MEETING

Wednesday, July 19, 2017

11:15 a.m. Check-in & Exhibits
Lunch at noon
Meeting at 1:00 p.m.

St. Martins
Knights of Columbus Building
Highway 50 W — Route T

Pre-registration Deadline: July 11

President's Message

"I'm bored. There's nothing to do!"

The month of July brings about the lazy days of summer, but for LIR members it debuts the list of new activities for the semester, especially for travel and courses. Careful planning went into making sure that all the events would fit within the summer/fall time slot, and the confines of our newsletter!

Recently, I was asked if we have enough activities to keep a member busy. I was speechless for just a couple of seconds as I was trying to decide how to respond to this question. I could tell them how many special interest clubs we have that meet on a weekly, semi-monthly, or monthly basis, and a member can be active in one or all of them. Is it too confusing to mention that we have four-week courses and also a variety of two-hour free classes? I could also relay to them that there are, on the average, at least two trips a month with some one-day and other multiple-day excursions. Then there are the member and social activities that include our two membership meetings, the holiday social, along with a BBQ, and a welcome social for newer members this year.

Do I also mention that there are volunteer opportunities for those who want to become even more involved? Opportunities such as being a course or club facilitator, a trip escort, member or chairman of planning committees, including educational travel, curriculum, membership & marketing, or committees such as scholarship, nominating, sunshine, hospitality, or the opportunity to manage a web-site or edit a newsletter.

If I was to tally up how many opportunities there are for members to keep busy, I would probably say, "On a monthly basis there are nearly 100 hours of "opportunity" for a member to be a participant in a variety of LIR activities," -- but the simple truth and easiest answer was, "Yes, a person who joins LIR can keep very busy, as there is plenty to do!"

Here's wishing you a very busy semester!

Kathel Cooper
LIR President, 2017

Incidentally, LIR will continue commemorating its 25th year with recognitions and proclamations at our July 19th general membership meeting, extending an invitation to "newer" members to attend a Newcomer Welcome on August 14th, hosting a BBQ for members on September 20th, and offering another one-day special course to be presented by Dr. Gary Kremer on November 8th. Please consider attending these special events!

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NOTE: The LIR office will be closed both July 3 and July 4.

Summer Membership Meeting

The Summer Membership Meeting will be held on Wednesday, July 19th, at the St. Martins Knights of Columbus Hall on Route T. Check-in will begin at 11:15 with lunch at noon. Osage Catering will be serving a generous buffet with their famous pie for dessert. Entertainment will be provided by the Sweet Adelines. Door prizes for free courses will be given.

Following check-in, members and guests may visit the exhibit area where representatives from travel, curriculum, and clubs will be available to answer questions and have sign-up sheets available. Parking permits for next year will also be available.

A short business meeting will be held where descriptions of upcoming trips and courses will be given and honored guests will be recognized. Special guests will be past presidents of the organization, Lincoln University student scholarship winners, and course presenters from the past year.

Pre-registration (form enclosed) is required for this event along with the **prepaid** luncheon cost of \$11 for members and \$15 for non-members.

Call 573-681-6152 if you have any questions concerning the meeting. Final date for registration is **July 11, 2017**. Looking forward to seeing you there!

Judy Alexiou, Membership and Marketing Chair

NEWCOMER WELCOME

2:00 — 3:30 p.m., Monday, August 14
Rooms 204-205 LU Soldiers' Hall
903 Lafayette Street

If you are new to Learning in Retirement, please join us for a "meet and greet" in an informal gathering on August 14. Members of the LIR Board of Directors will be on hand to answer any questions you may have. Coffee, tea, and snacks will be provided at no cost.

25th Anniversary Summer BBQ

In honor of our 25th Anniversary, a Summer BBQ for **members only** will be held on September 20 at McClung Park. Both the indoor and outdoor pavilions have been reserved. The event will be held from 11 a.m. to 2 p.m. with lunch served at noon, catered by Hy-Vee. Door prizes will be given.

Pre-registration is required (form enclosed) and is due by September 11th with the prepaid luncheon cost of five dollars per person.

Election of Board of Directors

The LIR Nominating Committee is submitting the following slate of candidates to be approved at the July 19th Membership Meeting for the Learning in Retirement, Inc. Board of Directors. The three-year terms will start January 1, 2018.

Scott Sellner (1st 3-year term)
Bill Gerling (1st 3-year term)
Becky Washburn (2nd 3-year term)
Evelyn Hancock (2nd 3-year term)*

*Presidential appointment/Board approval in February 2017 to fulfill an un-expired term of a Board member per Constitution/By-Laws-Article V.

Outgoing Board Members

LIR Board member, David Linsenhardt, is completing his six-year term limit at the end of 2017. Bob Maxwell is completing his 3-year term and has decided not to run for re-election. Ellen Richardson, one-year appointed position, will be completing her LIR Board secretarial duties at the end of 2017.

We wish to thank all three of these individuals for their dedicated service to our organization.

LIR SCHOLARSHIPS AWARDED

Two Lincoln University students are recipients of LIR academic scholarships for 2017. The ROTC scholarship was awarded to Cadet Briana Jones. The LIR/LU General Academic Scholarship will be awarded to Nicholas Stegmann.

Cadet Briana Jones, a freshman Biology Pre-Med major with a minor in Military Science is from Memphis, Tennessee, and has earned a cumulative GPA of 3.782. Briana is a member of the League of Scholars, Honors College, A Cadet in Army ROTC, ROTC Ranger Challenge Team, and was on the University Dean's list for Fall 2016. Upon graduation, she plans to receive a commission as a Second Lieutenant in the United States Army and continue on to Medical School.

Nicholas Stegmann, a junior from Wardsville, Missouri, will receive the LIR/LU General Academic Scholarship. He is pursuing a degree in Secondary Social Science Education and then plans to pursue a Master's degree in Sports Administration. He currently has a GPA of 3.541. He is an elite member of the Lincoln Infantry Scholars Program, a member of the Jefferson City Athletic Events Committee, and will be an intern with the Kansas City Chiefs Training Camp this summer.

LU / LIR Parking Permits

Lincoln University parking permits for LIR members will be available for purchase at the membership meeting or during regular hours at the LIR Office. Parking permits are good only for parking on the Soldiers Hall lot. Permits are valid from September 1, 2017, through August 31, 2018.

To obtain the permit, you need the following information: vehicle make, model, color, license plate number, and your drivers' license number. Cost of the permit is \$10.00

DECEMBER HOLIDAY SOCIAL

Time: 2:00 — 3:30 p.m.

December 3, 2017

Location: To Be Announced

Reminder email will be sent closer to the date.

RSVP's will be requested.

Members only event

Light refreshments/drinks will be provided.

Payment Procedure Trips and Courses

To streamline the payment process for trips and courses the following payment procedure is recommended for efficient recording and processing.

TRIPS – A separate check should be issued for trips. Trips may be combined on one check, or a separate check for each trip may be submitted if that is your preference. Couples may combine payments on one check. Be sure to attach check(s), with trips noted, to the Trip Registration Form found in this newsletter.

COURSES – A separate check can be issued for one or all of the courses that an individual wants to attend. Please note what course(s) are being paid. The Course Registration Form is included in this newsletter.



TRIPS: August — December 2017

St. Louis Cardinals vs Kansas City Royals

Thursday, August 10, 2017

You'll need to choose a **team** for this trip to Busch Stadium. "Cardinal fans in RED, sit on the left! Royal fans in BLUE, sit on the right!" AND, no fighting! Join us to see the final "I-70 Series" game of 2017!

We will arrive at Ball Park Village at approximately 2:30 p.m., where fans will have over two hours to tour the area. You can have an early dinner, or visit the Cardinals Hall of Fame (on your own). The gates will open at approximately 5:15 with the game starting at 6:15. The bus will leave as soon as the game is over and will drive straight back to Jefferson City and Wal-Mart.

Get your registration in early, as these tickets will go FAST!!

Depart: 12:30 p.m. Return: Midnight

Escorts: Vicki Ford -- 694-0014
Felix Wulff -- 690-3713

Costs: \$75.00 Total due with registration

Hermann Living History Farm

August 31, 2017

Come back in history with us to the Living History Farm located within the city limits of Hermann, Missouri. Our tour of the farm includes the Mercantile Spirit House and the 1790 Polly Phillips Trading Post and other buildings. We then board a tram with a guide to view the rest of the 200-acre farm and farm buildings. We will see the cemetery, antique farm machinery, the Hussman House, the Distillery, and farm barn. We end our tour with an exhibition of the beautiful Shire Draft Horses.

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Then we are off to the Wurst House for tasting of their products and a delicious lunch. After lunch, the owner will conduct a tour of the processing area and explain how bratwurst is made.

After a bit of time to explore the shops in the area or do a self-tour of the Tin Mill Brewery, a step-on-guide will share stories and anecdotes of the lives of early settlers of Hermann. We end the day at the Deutshheim Historic Site with a guided tour of two homes built in the 1840s. The houses and many artifacts tell of life in Hermann up to 1880.

Depart: 8:15 a.m. Return: 5:45 p.m.

Escorts: Mary Stieffermann – 619-1299
Martha Kleindienst – 353-7582

Cost: \$75.00 Total due with registration.

Stained Glass Windows in Missouri Churches

September 12, 2017

"The stained glass windows of our churches can teach us lessons about religious heritage, immigrant and community history, and artistic traditions," as stated in the preface of Gospels in Glass, an overview of the history of these windows, written by Dr. Ken Luebbering and Robin Burnett.

Join LIR on a day trip through central Missouri learning about the stained-glass windows in our area churches. Dr. Luebbering, a retired Lincoln University professor, will be our guide throughout the day. Each window has a story to tell explaining the Christian faith. Most of the art work in the windows is from the early 1900s as the churches were being built or remodeled.

We will tour two churches in Jefferson City in the morning. Afterwards, we will enjoy lunch at

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TRIPS Continued

Oscar's Classic Diner. In the afternoon, we will tour additional churches in the area. Each person on the trip will receive a copy of Gospels in Glass listing many churches in different areas of Missouri.

Depart: 8:00 a.m. Return: 4:30 p.m.

Escorts: Felix Wulff -- 690-3713
Joann Wulff -- 291-0296
Marge Kudrna -- 694-8550

Cost: \$62.00 Total due with registration

South Pacific: The Musical

Robert G. Reim Theatre--Stages
September 24, 2017

One of the most powerful musicals of all time, this multi-award-winning classic from Rodgers and Hammerstein will sweep you away with its tale of love and loss in the South Pacific. It features some of the finest music ever written including "Some Enchanted Evening," "I'm In Love With A Wonderful Guy," "Younger Than Springtime," and "There's Nothin' Like A Dame."

South Pacific spins a dangerously romantic tale centered on young American soldiers and nurses stationed on a tropical naval base during the Second World War. Seeking respite from the battles around them, they find refuge in each other as romance blooms in this luscious tropical paradise.

Dinner (included) will follow the musical at CJ Mugs in Webster Groves.

Depart: 10:30 a.m. Return: 9:00 p.m.

Escorts: Betty Doerhoff --- 619-2920
Julie Cook --- 230-4914

Cost: \$104.00 Total due with registration

St. Louis by Train and Coach

October 5 & 6, 2017

We will begin our two-day trip by meeting at Wal-Mart to load our luggage and board the coach for the Jefferson City Amtrak station. Then the real trip begins with a relaxing train ride on the Missouri River Runner going east.

Lunch will be on your own in quaint downtown Kirkwood before boarding our coach for a tour of the Magic Chef Mansion. From there, we will check into the Drury Inn at Union Station for the evening.

Dinner will be at the complimentary Kickback Reception in the hotel, or on your own across the street at Hard Rock Café or Landry's Seafood at Union Station. If you still have energy, you can enjoy a free Grand Hall Light Show in the lobby of the St. Louis Union Station Hotel before returning to the Drury Inn for a restful evening.

Day Two begins with a complimentary breakfast at the hotel. Put on your walking shoes because we have a busy day planned. A step-on guide will tell us about points of interest as we travel through Lafayette Square and Tower Grove Park on our way to the Fabulous Fox Theatre, where we will be treated to a private, backstage tour.

Lunch will be on your own and on the go at Gus' Pretzel Shop. You will select from hand-made, fresh pretzels with dip or deli sandwiches to enjoy on the way to our next destination.

Our next stop is for dessert on your own at Ted Drewes, which is famous for frozen custard. The most popular treat is the "concrete," a malt or shake so thick that it is served upside down. Next, the Museum of Transportation has been recognized as one of the largest and best collections of transportation vehicles in the world, with over 70 locomotives, as well as automobiles, buses, street cars, aircraft, and horse-drawn vehicles.

TRIPS Continued

We cannot leave St. Louis without going to the Italian neighborhood, The Hill, for a stop at the Missouri Baking Company to purchase some goodies to take home, then on to Lorenzo's Trattoria for dinner (included) before boarding the coach for Jefferson City. We anticipate arriving in Jefferson City at approximately 9:45 pm.

All admissions, plus dinner at Lorenzo's, are included in the trip cost.

Depart: Thursday, October 5, 2017, at 10:30 a.m.

Return: Friday, October 6, 2017, at 9:45 p.m.

Escorts: Kay Martellaro – 680-6058

Kay Freidinger – 645-3116

Julie Cook – 230-4914

Cost: Single: \$300.00 \$180 due with registration
Final payment \$120 due by August 31, 2017

Double: \$225.00 \$135 due with registration
Final Payment \$90 due by August 31, 2017

Whiskey, War, & Walking

October 24 & 25, 2017

Join LIR friends for a fun and educational two-day trip to western Missouri.

Day 1: Our first stop is the World War I Museum in Kansas City. In the museum, you'll cross over the Paul Suderland Glass Bridge suspended over a symbolic poppy field that includes 9,000 flowers, each representing 1,000 deaths in tribute to the 9 million who died as a direct result of the war.

We will enjoy a Liberty Box Lunch at the Over There Cafe. After lunch, we are off for historic Weston overlooking the Missouri River. Our first stop is a tour of Holiday Distillery. Then on to Main Street Weston to explore shops, museums, and galleries. Check out JADS Candlemakers and Renditions Polish Pottery.

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We will check in at the Quality Inn & Suites in Platte City and enjoy dinner later at American Bowman Restaurant at Weston Brewing Company.

Day 2: After a hot breakfast at our hotel, we head to the Weston Bend State Park. We will view the Missouri River off the cliffs and have a tour. There are three different walks, suited for most everyone. After communing with nature, we return to Kansas City for the Market Place. Lunch will be on your own at City Market, where you can check out fresh produce to bring home. Then, we are on to the Arabia Steamboat Museum for a 90-minute tour. This is the largest collection of pre-Civil War artifacts in the world.

Depart: 7:00 a.m. Tuesday, October 24, 2017

Return: 7:00 p.m. Wednesday, October 25, 2017

Escorts: Mary Stieffermann – 619-1299

Bill Gerling – 220-4319

Pat Miner -- 298-2965

Cost: Single: \$205.00 \$135 due with registration
Final payment: \$70 by September 10, 2017

Double: \$170.00 \$100 due with registration
Final payment: \$70 by September 10, 2017

Waitress: The Musical

Kansas City Music Hall

Sunday, November 19, 2017

WAITRESS tells the story of Jenna, a waitress and expert pie maker who dreams of a way out of her small town and loveless marriage. A baking contest in a nearby county and the town's new doctor may offer her a chance at a fresh start, while her fellow waitresses offer their own recipes for happiness. But Jenna must summon the strength and courage to rebuild her own life.

Join us for a trip to the Kansas City Music Hall for this musical on Sunday, Nov. 19th. We will make a comfort stop/lunch break on our way to KC (fast food), and after the show, we will stop at Cheddars

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TRIPS Continued

in Independence (remember their stack of onion rings?) for dinner on your own.

Depart: 8:30 a.m. Return: 8:30 p.m.

Escorts: Vicki Ford -- 694-0014
Martha Kleindienst -- 353-7582

Cost: \$115 \$75 due with registration.
Final payment: \$40 due by October 1, 2017

Christmas in Branson!

November 28 & 29, 2017

Come join the group traveling to Branson, Missouri, to kick-off the Christmas season of 2017. We will travel to Branson to enjoy a wonderful lunch at Black Oak Grill on Branson Landing before heading off to the Miracle of Christmas Behind the Scenes Tour to discover the technology and ingenuity that powers the dramatic complexity of each show. We will visit the nerve centers that keep the lights, sound, stage - and even animals, on cue. We will also glimpse a state-of-the-art scene shop creating sets for upcoming shows.

After this peek behind the scenes, we will check into our lodging for the night at Hilton Promenade Hotel on the Landing. You will have time to rest before the evening events or visit the shops on the Landing.

Our evening in Branson will be a busy one. We will begin by experiencing the Ozark Mountain Christmas Lights & Village as we view the "magical mile" of amazing light displays, then off to dinner at Landry's Restaurant before we move on to celebrate the holiday season with Andy Williams Christmas Extravaganza with the Osmond Brothers and the Lennon Sisters, featuring a tribute to Andy Williams, Mr. Christmas himself.

Day Two will start with breakfast at the hotel before we head off to Dick Clark's American Bandstand Theatre to hear The Bretts Song of Christmas, which offers a high-energy holiday show that's perfect for
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all ages. Guests can enjoy the performers' charisma, patriotism, love, and the true meaning of Christmas through song and dance.

We will lunch at Florentina's Restaurant. Before leaving Branson on this whirlwind trip, we will enjoy the performance of Miracle of Christmas at the Sights & Sounds Theatre. You will witness the event that is central to the season, brought to life on a panoramic stage with high drama, spectacular special effects, and live animals.

After this presentation, we will begin the trek back to Jefferson City, excited for the upcoming Christmas Season.

All admissions, two lunches, and a dinner are included in the trip cost. You are responsible for snacks enroute and, of course, shopping.

Depart: Tuesday, November 28 at 7:15 a.m.
Return: Wednesday, November 29 at 8:45 p.m.

Escorts: Henry Dahl -- 680-5139
Marge Kudrna -- 694-8550
Felix Wulff -- 690-3713

Cost: Single \$412 \$242 due with registration
Final payment \$170 due by October 6, 2017

Double \$345 \$200.00 due with registration
Final payment \$145 due by October 6, 2017

NEWS ALERT!
The Lincoln University Police Department is moving into South Campus where we usually hold many of our classes, so that building will not be available for our classes. At this time, we do not know where some classes will be held.
Reminder letters are always sent out prior to dates of the classes, so please be sure to read your reminder letter or call the LIR office to find out where classes will be held.

COURSES — AUGUST — DECEMBER 2017

Miscellaneous Course Information

Course Registration: Register by mailing the form included in this newsletter, by website, at the summer membership meeting on July 19, or by stopping by the LIR office.

Locations: Vary depending on topic and size of classes. See newsletter write-up and check reminder letters for up-to-date information.

Costs: Regular classes (4 sessions) \$12.00. Special anniversary class is \$15.00 including lunch.

Free classes are separately written up and also set out by *** before and after title of course. If a free class requires supplies, the cost will be indicated, and payment is due at time of registration for the class. Registration is needed to ensure sufficient chairs, BUT PLEASE do not sign up unless you plan to attend the class.

Course Cancellation: Cancel by calling the LIR office (681-6152) one week prior to start of course. Refunds will be processed after end of course. Emergency cancellations should be called to the office as soon as known. Refunds will be considered on a case-by-case basis by the curriculum committee chair and office manager.

Singing and Dancing at the Movies

Time: 1:30-3:30 p.m.

Dates: Wednesdays, August 2, 9, 16, 23, 2017

Place: Missouri River Regional Library, 2nd floor

August 2: *Singin' in the Rain*

Gene Kelly, Debbie Reynolds, and Donald O'Connor star in this 1952 American musical romantic comedy. It is one of the greatest and most successful musicals ever filmed, filled with memorable songs, lavish routines, and Kelly's
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fabulous song-and-dance number performed in the rain. It's a spoof of the turmoil that afflicted the movie industry in the late 1920s when movies went from silent to sound.

August 9: *High Society*

High Society is a 1956 American musical comedy film starring Bing Crosby, Grace Kelly, and Frank Sinatra. The film is decked out with million-watt star power and a Cole Porter score. The story revolves around the wedding plans of a socialite whose ex-husband is trying to win back her affections while she is preparing to marry another man. The film represents Grace Kelly's final acting assignment before her real-life wedding to Prince Rainier of Monaco.

August 16: *Funny Girl*

"Hello, gorgeous!" was Barbra Streisand's first comment to the Oscar statuette that she won for her performance in this biopic of entertainer Fanny Brice. This is also her first line in the 1968 film itself, the catalyst for a movie-long flashback. Repeating her Broadway role, Streisand stars as legendary comedienne Brice (1891-1951).

August 23: *La La Land*

La La Land is a 2016 American romantic musical comedy-drama film written and directed by Academy Award (R) nominee Damien Chazelle. LA LA LAND tells the story of Mia, an aspiring actress, and Sebastian, a dedicated jazz musician, who are struggling to make ends meet in Los Angeles, a city known for crushing hopes and breaking hearts.

Coordinator: Karen Sander 635-0931



COURSES Continued

From the Dustbin of History

Time: 10 a.m. to Noon

Dates: Tuesdays, September 5, 12, 19, 26, 2017

Place: Location to be announced

In the late twentieth century, historians expanded the field of history beyond the study of DWEMs (Dead White European Males) and DWAMS (Dead White American Males) to include many other groups. In more recent decades, this process continued with the addition of environmental issues and their impact on our interpretation of the past. This course will focus on how this new environmental history led to a deeper understanding of the European expansion into the Western Hemisphere.

Sessions: History, The Land Ethic, Ecological Imperialism, The Columbian Exchange

Presenter: Dan Hermann, LIR Member, retired teacher, Jefferson City High School

Coordinator: Tina Sellner, 635-6980

Exercise, Nutrition, and Health

Time: 1:30-3:30 p.m.

Dates: Wednesdays: September 6, 13, 27 and October 4

Place: September 6 and October 4: Annex behind Knowles YMCA 424 Stadium Drive;
September 13 and 27: N.H. Scheppers, 2300 St Mary's Boulevard

Are you looking for ways to feel better, have more energy, improve strength and balance? If you are, this is the right class for you. This class will feature personal trainers, an exercise physiologist, an expert in holistic medicine to teach us how to live a healthier life through stretching exercises, strength training, balance exercises, yoga and Tai Chi. You will also have an opportunity to learn about the Silver Sneakers program. We will discover how exercise and nutrition can promote general health and well-being.

Presenters: Dr. Dianna Richardson, Health, Wellness and Nutrition Center; Kay Spradling, Sam B. Cook, Healthplex; Nick Baker, Anytime Fitness; Brett Blythe, YMCA; Tracie Ferrier, Jefferson City Parks and Recreation

Coordinator: Bill Gerling, 220-4319

Making Sense of Your Investing

Time: 1:30 to 3:30 p.m.

Dates: Thursdays, Sept. 7, 14, 28, and Friday Sept. 29.

Place: LU Soldiers Hall, Room 8

In this four session course, you will learn about the various areas of the investment market. Each session will be free-flowing with questions welcomed.

SESSION 1 will cover the equities area that includes stocks and bonds. The when and why to invest in equities will be covered.

SESSION 2 will be devoted to fixed income products including bonds, certificates of deposits, and fixed annuities.

SESSION 3 will cover insurance products and annuities. Learn more about how much and what kinds of insurance senior adults need in today's environment.

SESSION 4 will be a general overview of the above three topic areas with time allotted for participant questions.

Presenter: Corey Luetkemeyer from Edward D. Jones

Coordinator: Dr. David Linsenhardt 636-3727

Missouri and World War I

Time: 10 a.m. to Noon

Dates: Tuesdays, October 3, 10, 17, 24, 2017

Place: History Hall, Missouri State Museum, Missouri State Capitol

This year marks 100 years since the United States entered World War I, "the War to End all Wars." The Missouri State Museum in the Capitol Building will have a display regarding how that war affected Missouri.

Our first class will be an introduction to the topic and a curator-lead tour of the Museum's exhibit "HERE AT HOME; MISSOURI IN THE GREAT WAR".

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COURSES Continued

The following week, we shall tour the Museum’s Riverside Collections Facility highlighting some of the World War I artifacts not on display. Weeks 3 and 4 will spotlight more specific WWI related topics at the History Hall at the Missouri State Museum in the Missouri State Capitol.

If you believed we were so isolated here in the middle of Missouri during that Great War that we were unaffected by it, you will find how mistaken you are. So come learn about Missouri and World War I, “The War to End All Wars” – 100 years ago.

Presenters: Tiffany Patterson, Director, and staff
Missouri State Museum and Jefferson
Landing State Historic Site

Coordinator: Scott Sellner, 635-6980

Bill of Rights, Part 3—History, Overview, and Cases

Time: 1:30 – 3:30 p.m.

Date: Thursdays, October 5, 12, 19, 26

Place: Location to be announced

This course, organized by The Missouri Bar’s Director of Citizenship Education, Millie Aulbur, will explore the rights of citizens found in the Bill of Rights that were not addressed in the two previous LIR courses dealing with the Bill of Rights.

Members of the class should anticipate much discussion of relevant Supreme Court cases focused tentatively on the following topics:

Week 1: Exploration of how and why the Bill of Rights was developed, overview of the Bill of Rights, and discussion of how our Bill of Rights compares to those of other nations, and how secure our rights have been at different times.

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Week 2: Exploration of legal cases related to the First Amendment pertaining to such matters as freedom of religion, freedom of the press, and the right to assemble peacefully.

Week 3: Exploration of major issues related to the Second Amendment, considering cases that have been before the courts, and issues related to those cases.

Week 4: Exploration of the meaning of due process of law and matters related to cruel and unusual punishment.

Presenters: Active members of The Missouri Bar and professors from the MU Law School, who have been identified and contacted by Millie Aulbur of The Missouri Bar.

Coordinator: Warren Solomon, 893-4407, home; 645-5676, cell; or whsolomon@mchsi.com

Travelogues

Time: 10:00 a.m. – Noon

Date: Wednesdays, October 11, 18, 25, November 1

Place: Location to be announced

Travel is so exhilarating, but you can also learn much about places you have not visited yourself from another person’s eyes and ears. Or even though you have been there, you can enjoy new experiences and ideas from another traveler’s viewpoint. So come travel with us and enjoy.

Wed., Oct. 11: 10:00 a.m.: Alice Longfellow, Owner Longfellow’s Garden Center, “Gardens of England and Ireland”

11:00 a.m.: Gwen Blotevogel, PhD, Professor, Columbia College, and online at So New Hampshire U, “Pilgrimage to Santiago de Compostela, Spain”

Wed., Oct 18: 10 a.m. to Noon: Cliff Cain, PhD, Professor of Religion, Westminster College, “Hungary, Cuba, Ukraine”

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COURSES Continued

Wed., Oct. 25: 10:00 a.m.: Rev. Doyle Sager,
Pastor, First Baptist Church, "Israel"
11:15 a.m.: Rita Grace, LIR Web designer,
"Attending a Chinese Wedding and more
in the Interior of China"

Wed., Nov. 1: 10:00 a.m.: Tina Sellner, LIR
member, former teacher, "Ireland"
11:00 a.m.: Dorene Jackson, Lion's Club
Member, "Lion's Club Eyeglass
Distribution in Mexico"

Coordinator: Verna Luebbert, 635-8060



The City of Jefferson as Missouri's First Capital Challenges and Opportunities 25th Anniversary Class

Time: 10:00 a.m. to 3:00 p.m.
(Lunch Included)

Date: Wednesday, November 8, 2017

Place: St. Martin's Knights of Columbus

This class will explore the historical challenges and opportunities associated with the city of Jefferson's unique role as the capital city of Missouri. In doing so, Gary Kremer will use images of historic places, structures, and people to tell the endlessly intriguing story of the City of Jefferson.

Cost: \$15.00 per person (includes lunch)
10:00 a.m. to noon Dr. Kremer presentation
Noon: Box lunch for participants
1:00 to 3:00 p.m. Dr. Kremer presentation

Presenter: Dr. Gary Kremer, Executive Director,
Missouri State Historical Society

Coordinator: Dr. David Linsenhardt 636-3727

*****FREE COURSES!*****

*****Missouri's Hummingbirds*****

Time: 10:00 a.m. to Noon

Date: Tuesday, August 1, 2017

Place: Location to be announced

Did you know there are more than 330 species of hummingbirds, all in the western hemisphere, and that 17 species are known to breed in the United States? Learn more about Ruby-Throated Hummingbirds and other hummers seen in Missouri. What makes hummers so very special? How are they different from other backyard birds? What have we learned about "wintering hummingbirds" in the Midwest? How much fidelity do they really have to the same feeding stations year after year?

What foods do these small visitors need to sustain themselves and raise healthy fledglings? Do they need different food sources as they prepare to migrate? Need tips on attracting more hummers to your yard? Have questions about what flowers are most appealing?

Come get answers to these questions and others you may not have thought of yet. Learn more about these fascinating and energetic little birds.



Presenter: Regina Garr (Steve & Regina Garr are owners/founders of Birds-I-View, Ellis Blvd.)

Coordinator: JoClare Meyer, 636-5762

FREE COURSES Continued

Downsizing and Organizing

Time: 9:30-11:30 a.m.

Date: Friday, August 11, 2017

Place: Location to be announced

Lifelong Jefferson City resident Laura (Neuner) Forbis founded Managed Chaos, LLC, when it came time for her to clean out her parents' estate. Her presentation will focus on the importance of organizing for short- and long-term. She will offer tips to stay organized. Her projects have included small projects like pantries and closets to large projects like estates and small businesses. She assists those who need to downsize to prepare for a move, pre-plan for their estates, or for those who just need a little help and vision reaching their organizational goals.

Presenter: Laura (Neuner) Forbis

Coordinator: Karen Sander 635-0931

The Great Eclipse of 2017

Time: 10 a.m. to Noon

Date: Wednesday, August 16, 2017

Place: Masonic Lodge, Masonic Ct (off Truman Blvd)

Jefferson City will get a chance to observe a total eclipse of the sun on Monday, August 21, at 1:15 pm. A total eclipse is a very rare event, one not seen in Jefferson City in over 700 years. We will view some videos of previous eclipses and learn how to safely view the eclipse without harm to the eyes. Also, we will discuss how to take pictures without damaging your camera, AND we shall all hope for clear skies.

Historic information will include the influence of eclipses on historical events and how the astronomical measurements made in the 1920 eclipse verified Einstein's Theory of Relativity and made him an overnight scientific celebrity. Prepare to see day turned into night in a matter of minutes. It is a BIG DEAL -- so come and get ready.

Presenters: LIR members Chuck Lahmeyer and Julie Cook

Coordinators: John and Elaine Shimmens, 636-6606

I Am Not My Thoughts

Time: 10:00 am to Noon

Date: August 22, 2017

Place: Location to be announced

“We see the world through our beliefs.”

This ‘class’ is a genuine discussion about the ideas-memes-beliefs we have acquired and the role they play in controlling our lives. “I Am NOT My Thoughts” is one such belief the presenter used as the title of his book. Be ready to examine a few of your own beliefs (unless you think it is too late). This is guaranteed to be an entertaining time for most.

Presenter: Dr. Richard (Dick) Dalton PhD, Teacher, Author, Social Artist, and Life Coach

Coordinator: Becky Buchholz 690-6579

Hearing and the Aging Population

Time: 1 p.m. to 3 p.m.

Date: Wednesday, August 30, 2017

Place: Location to be announced

Have you found yourself having to ask people to repeat what they said? Are your grandchildren getting more and more difficult to understand? Does it take too much energy to try to understand a person with a foreign accent?

This hearing difficulty can come from multiple causes so the help for better hearing can take multiple fixes.

Amy Fleming, CCC/Aud, a practicing audiologist here in Jefferson City, will speak with us about hearing. The CCC after her name means she has studied audiology beyond a bachelor's degree and passed a national test in the subject.

Presenter: Amy Fleming, Audiologist, Hearing and Balance Center

Coordinator: Theresa Sullivan, 635-6404

FREE COURSES Continued

Personal Safety

Time: 10 a.m. to Noon

Date: Thursday, September 21, 2017

Place: Knowles Annex, behind Knowles YMCA, off Stadium Blvd.

The Jefferson City Police Department (JCPD) will be giving a personal safety class. Some of the topics to be covered include safety while leisure walking or while shopping. Home security and phone scams are topics of discussion as well. There will be some extraction techniques demonstrated, such as escaping from choking or grabbing holds. Parking lots and vehicles are personal safety topics to be covered. Questions on 911 calls will also be reviewed.

Presenter: Sergeant Joseph Matherne

Coordinator: Becky Buchholz, 690-6579

The History and Art of Stained Glass Windows

Time: 10 a.m. to Noon

Date: Friday, September 22, 2017

Place: Location to be announced

Have you ever looked at a stained glass window and wondered how those amazing works of art are made? In this class, you will be introduced to the history, methods, and materials used to create these windows. The class will begin with the history of how stained glass became an art form that developed from old world, stoic windows and was transformed into the light, glowing windows of the 20th century.

We will uncover how the glass is made, how windows are constructed, advances that led to three-dimensional designs in the 20th century, and basic lead safety. The class will also include a hands-on demonstration of the tools of the trade and examples of stained glass windows.

Presenter: Amanda Burke, Historic Preservation Specialist, State Historic Preservation Office.

Coordinator: JoClare Meyer, 636-5762



The Right to Read

Time: 1:30 p.m. to 3:30 p.m.

Date: Monday, September 25, 2017

Place: Location to be announced

Banned Book week is September 24-30, 2017. It is held annually celebrating the freedom to read whatever books you choose to read. Books, even classics, are frequently challenged or banned for numerous reasons. Make plans to attend this brief educational course and learn why many of our classics and other popular books—even a dictionary—have been challenged or banned.

You will be surprised at the number of books that are challenged each year and the reasons prompting these challenges. Members of the LIR Book Club will talk about some of their favorite books and explain why the books were challenged or banned.

Come celebrate this freedom with us during Banned Book Week.

Presenters: Members of the LIR Book Club

Coordinator: Theresa Sullivan, 635-6404

History of Lincoln University: The Early Years

Time: 1:30 p.m. to 3:30 p.m.

Date: Monday, Oct. 23, 2017

Place: Location to be announced

All of us have seen the beautiful statues of black soldiers from the Civil War on LU's campus. These men are credited with being the founders of Lincoln University.

(continued on next page)

FREE COURSES Continued

How, exactly, did these former soldiers, many recently freed slaves, start a university? What is a land grant university? Who was teaching the classes? How did these former soldiers have the money to build the buildings and staff the campus?

It's a fascinating story of generosity, determination, and altruism. The perfect person to tell the story is Dr. Debra Greene, Professor of History and now LU Provost. She is the daughter-in-law of Dr. Lorenzo J. Greene, who taught many of us our American history courses at Lincoln University.

Presenter: Debra Greene, PhD.

Coordinator: Theresa Sullivan, 635-6404

Celebrating the 500th Anniversary of the Reformation

Time: 10 a.m. to Noon

Date: Tuesday, October 31, 2017

Place: Location to be announced

Did you realize this October 31 is the 500th anniversary of the Protestant Reformation?

Learn more about this historic event that changed the landscape of Christianity from that point forward. We will explore the Reformation itself, what led up to Luther's decision to post the 95 articles for debate, the fall-out and the far-reaching results and implications of this bold action of "protest" toward the ecclesiastical leadership of the day. Besides the Lutheran Church, the movement had expressions in the Netherlands (Dutch Reformed Church), Scotland (Presbyterian), England (Methodism), and other main-line churches, such as the German "Evangelical" denomination.

We will learn of the various Protestant denominations that emerged from the Reformation and how they are similar and different from the Roman Catholic Church from which they had their roots of origin. We will learn, too, how various Protestant denominations have expression in Jefferson City.

Presenters: Dr. Walter Schroeder and Rev. Dr. Stephen Buchholz (LIR member)

Coordinator: Scott Sellner, 635-6980

Trends in Twentieth Century Architecture

Time: 1:30-3:30 p.m.

Date: Tuesday, November 14, 2017

Place: Location to be announced

Explore architectural innovations of the twentieth century. Whether you like brick or glass, wood shingles, or finished concrete, this class will have something for you.

The Twentieth Century was an exciting time in American architecture as building styles and construction materials evolved from traditional building forms into new architectural styles, including some that are uniquely American. This class will examine the major architectural trends of the century, including dominant residential and commercial building styles. Some of the major architects of the Twentieth Century will be identified, and their landmark buildings will be discussed.

We will examine how public policy influenced residential and commercial development and discuss the construction materials that influenced architectural design—those that were newly developed during the century and those that developed new uses and prominence.

Presenter: Karen L. Daniels, Senior Historic Preservation Specialist (Architectural Historian) with the Missouri Department of Transportation

Coordinator: Sue Snell, 896-4786

Crafting With Homespun Yarn

Time: 10 a.m. to Noon

Date: Wednesday, November 15

Place: Location to be announced

Are you ready to learn something entirely new? Have we got a class for you !!! Gail Barnickol spins and dyes her own yarn. She has agreed to share her skills and yarn with us, so we can make this special Christmas ornament to hang on our Christmas trees or give to someone special. The maximum class size is 15, but Gail has agreed to hold a second class if enough interest is shown. Sign up early so we know how many classes to hold to make a darling "partridge on a heart." Gail's work can be seen on etsy.com or at the Art Bazaar in Jefferson City.

The cost for the class is \$20 to cover the supplies.

Presenter: Gail Barnickol, owner of TurnUpGreen

Coordinator: Linda Bohrer, 619-2773

FREE COURSES Continued

*****Ragtime Music
and the Sound of Scott Joplin*****

Time: 2:00 - 4:00 p.m.
Date: Friday, November 17
Place: N H Scheppers Distributing, Clydesdale Room,
2300 St. Marys Blvd.

Did you attend the West African Drumming session last November? If so, I am sure you will want to attend this session put on by Assistant Professor Allison Robbins. If you did not, you will want to see (and hear, of course) what all the hubbub is about. Every review we received on her class was glowing and extremely positive. This year she is teaching a music subject that is a bit closer to home, Missouri composer Scott Joplin: the musical characteristics of his piano rags, and the social and cultural context of his music in Sedalia and neighboring towns. Come ready to sing and to try out some ragtime dance steps.

Presenter: Dr. Allison Robbins, PhD, Asst. Music
Professor, University of Central Missouri
Coordinator: Linda Bohrer, 619-2773

CLUBS ARE FREE!

You are invited to join, at no extra cost, any of our LIR clubs by calling Marigene Brewer, LIR Club Coordinator, at 636-8183, or you can call any of the clubs' facilitators.

If you are interested in starting additional clubs, such as crafts, investments, travel, or some other, please direct your suggestions to Marigene.

DO YOU LIKE TO READ?

The book club members have chosen the books they will be reading in the next several months. If they appeal to your reading interests, please sign up at the membership meeting and join the group on the fourth Monday of the month.

July	<u>Oregon Trail</u> by Rinker Buck
August	<u>Orphan Train</u> by Christine Baker Kline
September	Banned Books
October	<u>The Innocent Man</u> by John Grisham
Nov/Dec	<u>The Redbird Christmas</u> by Fannie Flagg
January	<u>Hidden Figures</u> by Margot Lee Shetterly

The book club is giving a free class on banned books on September 25th for Banned Book Week. Please join us.

CLUBS

Bocce Ball: Mondays, Sept-Nov & April-June
Two Sessions: 9 a.m. & 12:15 p.m.

Facilitator: Linda Schwartz 635-5392

Location: Prison Brews, Ash Street

Book Club: 4th Monday, 1-2 p.m.

Facilitator: Barb Maxwell, 619-5921

Location: LIR Classroom 8

Callers: Theresa Sullivan 635-6404 &

Arlene Stayton 660-433-2415

Bridge Club I: 2nd Monday, 1 p.m.

Facilitator: Keith Krueger, 462-0779/659-3834

Location: LIR Classroom 8

Bridge Club II: 1st Monday, 1 p.m.

Facilitator: Mary Ann Ruth, 659-7875

Location: LIR Classroom 8

Canasta: 2nd Tuesday, 10 a.m.-Noon

Facilitator: Barbara Barnard, 896-9485

Location: LIR Classroom 8

Creative Writers: 2nd Thursday, 10 a.m.

Facilitator: Denise Kliethermes, 395-4662

Location: LIR Classroom 8

Caller: Dorothy Tighe, 491-3927

Dominoes 1: 1st & 3rd Mondays 10 a.m.– noon

(Will not meet in June, July, & Aug.; Reconvene in Sept.)

Facilitator: Sue Alberti 635-2436

Location: LIR Classroom 8

Dominoes II: 2nd & 4th Wednesdays, 1-3 p.m.

Facilitator: Shirley Denkler, 635-7754

Location: LIR Classroom 8

LIR Jammers: Wednesdays, 9-10:30 a.m.

Facilitator: Peter DeSimone 393-0940

Location: Heisinger Bluffs Chapel

Pinochle: 2nd and 4th Wednesdays, 10 a.m.

Facilitator: Cathie Middleton, 761-1425

Location: LIR Classroom 8

Pitch: 1st & 3rd Wednesdays, 1 p.m.

Facilitator: Bob Maxwell, 418-8864

Location: LIR Classroom 8

Scrabble: 3rd Monday, 1 p.m.

Facilitator: Marigene Brewer, 636-8183

Location: LIR Classroom 8

Caller: Marilyn Miller, 636-8233

Walking/Hiking: Thursdays 8:30 a.m. Summer,

9:30 a.m. Winter

Facilitators: John & Ellen Richardson, 893-4909

Location varies

You may sign up for clubs at the membership meeting or by calling Marigene Brewer or the facilitators.



Learning in Retirement, Inc.
PO Box 105166
Jefferson City, MO 65110

LEARNING IN RETIREMENT, INC.
MEMBERSHIP BENEFITS

EDUCATION.....*Short courses planned for LIR members' interests*
TRAVEL.....*Educational trips with old and new friends*
CLUBS.....*Book, Bridge, Dominoes, Bocce Ball, Creative Writing, Music, Scrabble, Canasta, Pinochle, Hiking/Walking & others*
GATHERINGS.....*Membership Meetings twice annually; Holiday Social*
COMMUNICATION.....*Semi-annual newsletter, LIR web site, periodic Emails, Spring & Fall Newsletter Updates*
LIBRARY ACCESS.....*Access to library cards for L. U.'s Page Library*
PARKING.....*Tag required for L.U. campus*
CONTACT INFO.....*(573)681-6152; www.lincolnu.edu/learning-in-retirement*
EMAIL.....*lirlearning@outlook.com*
OFFICE HOURS:*10 a.m. - 1 p.m., Mon. - Thurs.*
OFFICE LOCATION.....*903 Lafayette Street, Soldiers Hall - Rm. 7, L.U. campus*
MAILING ADDRESS.....*Learning in Retirement, Inc., PO Box 105166, Jefferson City, MO 65110*

Mark your calendars for the Winter Membership Meeting
January 17, 2018 (Inclement weather date: Jan. 24)
St. Martins Knights of Columbus Building