

Use this checklist if started program between Fall 2019 - current



SCHOOL OF EDUCATION

BS in Wellness – Sports Management CORE 42 (revised 1/21)

Name: _____ **ID#:** _____

Successful completion of the courses listed below will entitle a person to receive a Bachelor of Science degree in Wellness with a major emphasis in Sports Management.

The following courses are the General Education CORE 42 requirements of Lincoln University. Those marked with an *, indicate that students must have a grade of “C” or better.

*For courses listed in this section with an **E**, students can choose an elective from the approved CORE 42 course list for that specific area or category (please see the CORE 42 General Education Advisement Worksheet). The courses listed in areas with an **E** are recommended based on preparing students for the state teacher certification assessments. See your advisor for more information on selecting a CORE 42 Elective.*

_____	ENG 101	Composition and Rhetoric I *	(1. Written Comm.)	3
_____	ENG 102	Composition and Rhetoric II *	(1. Written Comm.)	3
_____	SPT 206	Fundamentals of Speech *	(2. Oral Comm.)	3
_____	MAT _____	E: MAT 113/115/117/121	(3. Math Sciences)	3
_____	_____	E: ENV 103/104L, BIO 208/209L, PHY 103	(4. Natural Sciences)	3
_____	BIO 103	Biological Science *	(4. Natural Sciences)	3
_____	BIO 104L	Biological Science Lab *	(4. Natural Sciences Lab)	1
_____	PSY 101	General Psychology *	(5. Soc./Behv. Sciences)	3
_____	ECO 201	Macroeconomics *	(5. Soc./Behv. Sciences)	3
_____	_____	Sociology: SA 201/202 *	(5. Soc./Behv. Sciences)	3
_____	_____	Civics: HIS 205/206/PSC 203	(5. Soc./Behv. Sciences)	3
_____	_____	History: HIS 101/102	(6. Hum/Fine Arts)	3
_____	_____	E: ART 100, PHI 101/102/201/203, SPT 209	(6. Hum/Fine Arts)	3
_____	_____	E: MUS 200/205, PHI 101/102/201/203	(6. Hum/Fine Arts)	3
_____	_____	CORE 42 Elective	(CORE 42)	<u>3</u>
Total				43

The following courses are General Education Institutional Requirements of Lincoln University:

_____	BAD 215	Intro. To Global Business	(7. Institutional)	3
_____	GE 101	University Seminar	(8. Gen Ed Skills)	<u>1</u>
Total				4

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Required Major Courses for BS in Wellness (minimum grade of C required). You must have a 3.00 GPA in the following required Wellness & Kinesiology courses.

WELLNESS REQUIREMENTS:

_____ PED 111	Personal and Community Health	(FA/SP)	2
_____ _____	PED 303 Healthcare Ethics (SP) or PEP 320 Assessments in PE (FA)		3
_____ PEP 200	Foundations of Physical Education & Wellness	(FA/SP)	3
_____ PEP 201	Nutrition, Fitness, and Conditioning	(FA/SP)	3
_____ PEP 205	CPR, Safety and First Aid	(FA/SP)	2
_____ _____	PEP 301 Kinesiology (SP) or PEP 360 Exercise Physiology (FA)		3
_____ _____	PEP 307 Psy/Soc Aspects Phys Act (FA) or PSY 304 Sport Psych (SP)		3
_____ WEL 485	Wellness Facility Management	(TBA)	3
_____ WEL 499	Internship in Wellness	(SP/SU)	<u>3-12</u>
	Total		25-34

SPORTS MANAGEMENT EMPHASIS REQUIREMENTS:

_____ ACC 246	Principles of Accounting	(FA/SP)	3
_____ BAD 101	Intro to Business	(FA/SP)	3
_____ BAD 310	Principles of Management	(FA/SP)	3
_____ ECO 202	Microeconomics	(FA/SP)	3
_____ MKT 309	Advertising Principles	(FA)	3
_____ MKT 321	Principles of Marketing	(FA/SP)	3
_____ PED 418	Stress, Mental, Emotional, & Spiritual Wellness	(TBA)	3
_____ WEL 407	Program and Delivery in Wellness	(FA)	<u>3</u>
	Total		24

ELECTIVES: **24-33**

TOTAL NUMBER OF HOURS: **120**

Suggested Department Electives

- PED 303: Healthcare Ethics
- PEP 301: Kinesiology
- PEP 320: Assessments in PE & Wellness
- PEP 360: Exercise Physiology
- PEP 372: I & A of Movements and Rhythms
- PEP 378: I & A of Lifetime Activities
- PEP 379: I & A of Ind. Activities & Dance
- PEP 380: Care of Injuries – Upper Body
- PEP 381: Care of Injuries - Lower Body
- PEP 417: M/M/O of Coaching or EDU 417-H M/M/O of Health Education

Suggested Additional Business Electives

- BAD 215: Intro to Global Business
- BAD 275: Business Law I
- BAD 338: Human Resource Management
- BAD/PHI 304: Business Ethics
- CS 105: Business Applications for the Microcomputer
- MKT 410: Social Media Marketing

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**BS WELLNESS: SPORTS MANAGEMENT
DEGREE PATHWAYS
CORE 42 (FALL 2019-CURRENT)**

Semester 1		Hrs.	Semester 2		Hrs.
GE 101	University Seminar	1	ENG 102	Composition & Rhetoric II (1)	3
ENG 101	Composition & Rhetoric I	3-4	PEP 200	Foundations of PE & Wellness	3
PSY 101	General Psychology	3	BAD 101	Intro to Business	3
HIS 101/102	History	3	Area 4: Elective	Science (ENV 103/104L)	3-4
Area 6: Elective	ART 100, PHI 101/102/201/203, SPT 209	3	Area 5: Civics	HIS 205/206 or PSC 203	3
PED 111	Personal & Comm. Health	2			
TOTAL:		15	TOTAL:		15

Semester 3		Hrs.	Semester 4		Hrs.
SPT 206	Fundamentals of Speech	3	BIO 103	Biology	3
Area 3: Math	MAT 113, 115, 117, 121	3-5	BIO 104 L	Biology Lab	1
SA 201/202	Area 5: Sociology	3	ECO 202	Microeconomics	3
ECO 201	Macroeconomics	3	PEP 205	CPR, Safety, & First Aid	2
PEP 201	Nutrition, Fitness & Cond.	3	Area 6 Elective	MUS 200/205, PHI 101/102/201/203	3
			Elective	Departmental Elective	3
TOTAL:		15	TOTAL:		15

Semester 5		Hrs.	Semester 6		Hrs.
PEP 307	Psy/Soc of Phys Activity (or PSY 407 in Spring)	3	PEP 301	Kinesiology (or PEP 360 in Fall)	3
PEP 320	Assessment in PE (or PED 303 in Spring)	3	CORE 42	CORE 42 Elective	3
BAD 215	Intro. To Global Business	3	WEL 485	Wellness Facility Management	3
MKT 309	Advertising Principles	3	ACC 246	Principles of Accounting	3
PED 418	Stress M/E/S Wellness *	3	Elective	Departmental Elective	3
TOTAL:		15	TOTAL:		15

Semester 7		Hrs.	Semester 8		Hrs.
MKT 321	Principles of Marketing	3	WEL 499	Internship in Wellness	3-12
WEL 407	Program Delivery in Wellness	3	Elective(s)	Departmental Elective (s)	3 +
Elective	Departmental Elective	3			
Elective	Departmental/Business Elective	3			
Elective	Departmental/Business Elective	3			
TOTAL:		15	TOTAL:		15

* Offered on a 3 semester rotation (please look to schedule semester 4, 5, or 6)